

Early Stage Memory Loss Zoo Walk



Join us at Point Defiance Zoo and Aquarium

The Zoo Walk offers individuals experiencing mild memory loss and their caregivers an opportunity for regular exercise and a space to build relationships. There is NO charge for Zoo and Aquarium entry.

WHEN? We walk most every Friday morning.

For additional details or to volunteer contact
Lutheran Community Services Northwest
Caregiver Services office

253-722-5691 or 1-800-335-8433

HOW? Pre -Registration is required.

To register and learn more about other Early Stage Memory Loss Programs in your area, please contact the Alzheimer's Association, Washington State Chapter
Early Stage Memory Loss Coordinator

206-529-3868



www.lcsnw.org



www.alzwa.org