

Where To Turn

August 2017— July 2018

*An information & referral guide
to community resources
for older adults in*

PIERCE COUNTY

Produced by
SENIOR MEDIA SERVICES
A program of



Health • Justice • Hope

Pierce County Human Services

Aging & Disability Resource Center
(253) 798-4600 or (800) 562-0332
www.PierceADRC.org

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HOW TO USE THIS GUIDE

Where To Turn lists phone numbers by types of services. This publication includes services provided through government, publicly funded and non-profit programs, and for-profit programs that accept Medicare or Medicaid. If you can't locate a resource, call Pierce County Community Connections Aging and Disability Resources at 253-798-4600 or 800-562-0332.

ABOUT THE PUBLISHER

Senior Media Services is a program of Lutheran Community Services Northwest (LCSNW). The goal of all LCSNW programs is to meet the specific needs of the local community. Senior Media Services serves the information needs of seniors with the annual publication of **Where to Turn** and with **Senior Scene**, a monthly newspaper.

Seniors, their families, friends and caregivers depend on the information provided in **Where To Turn** as a resource for government and private providers of senior services in the south Puget Sound area. Nearly 50,000 copies of "the little yellow book," as it's come to be known, are distributed free of charge each year through LCSNW's South Puget Sound office in Tacoma and a network of non-profit and government agencies, as well as private businesses.

Senior Scene has been meeting the information needs of seniors for more than 30 years. The newspaper is distributed free each month at more than 300 locations in Pierce County and the south King County area, including senior and community centers, senior living communities, public libraries, hospitals and other medical facilities, churches, government offices and private businesses. Volunteers deliver the paper to the distribution sites.

Readers of Senior Scene enjoy news and information, features and columns, lists of activities in and around their communities, and advertising that focuses on seniors' lifestyles.

More about Senior Scene and Where to Turn is available at 253-722-5687 and seniorscene.org.

ABOUT LUTHERAN COMMUNITY SERVICES NORTHWEST

Lutheran Community Services Northwest (LCSNW) is a non-profit human services agency serving communities throughout Washington, Oregon and Idaho. The organization's earliest roots date to 1921.

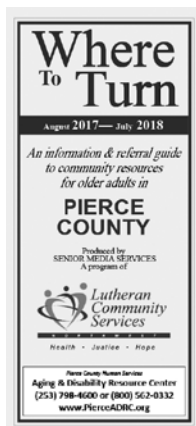
Its caring staff provides a wide variety of services to adults, adolescents, children, families, schools, businesses, congregations, neighborhoods and communities. LCSNW programs touch the lives of people of all ages, cultures and faiths.

The LCSNW programs include services that increase and maintain independence and well-being of seniors and the disabled. The services include Home Care, Meals on Wheels, Senior Companion, Senior Friends, Retired and Senior Volunteer Program (RSVP), and Senior Media Services.

Home Care has offices in Tacoma and Bremerton and serves Pierce County, Kitsap County and the south King County area.

Meals on Wheels delivers meals each week to those who are unable to shop or prepare meals for themselves, including seniors, disabled persons and persons recovering from surgery or illness.

Senior Companion matches volunteers with vulnerable seniors and disabled adults, providing companionship and support services.



For additional
copies of
Where To Turn,
please contact
Senior Media
Services at
253-722-5687 or
pjenkins@lcsnw.org

RSVP provides seniors with opportunities to help strengthen communities by volunteering through various organizations.

Support U., another program offered through LCSNW, partners with faith communities, agencies and businesses to provide education and support for caregivers.

More information about Lutheran Community Services Northwest and its programs in Pierce County is available at lcsnw.org and from the LCSNW South Sound office in Tacoma 253-272-8433.

SERVICES OUTSIDE PIERCE COUNTY

The Eldercare Locator lists Community Connections Aging and Disability Resources programs throughout the United States. For help finding senior resources outside Washington, call 800-677-1116.



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ADULT DAY CARE

- **INFORMATION ONLY**

Pierce County ADR.....253-798-4600

- **IN-HOME PROVIDERS**

Catholic Community

Services (CCS)253-383-3697

LCS Home Care253-272-8433

Korean Women's Association (KWA)

.....253-535-4202

- **OUT-OF-HOME PROVIDERS**

Cascade Park Active Day

Adult Day Health253-627-9990

KWA Asian/Pacific

Senior Day Care253-535-4202

MultiCare Adult Day Health Services

.....253-459-7222

ADVOCACY & COMPLAINTS

Aging & Disability Resource Center

.....800-562-0332

.....253-798-4600

Better Business Bureau

.....253-830-2924

.....206-431-2222

Charity Information.....800-332-4483

City of Tacoma Human Rights & Human

Services Dept.....253-591-5151

Disabled American Veterans

.....253-472-4680

- **DSHS COMPLAINT HOTLINES:**

Adult Protective Service

.....877-734-6277

Department of Health

.....800-633-6828

Residential Care Services

.....800-562-6078

Medicaid/Medicare Fraud

.....800-447-8477

ADVOCACY & COMPLAINTS, cont...

Medicare Part B Hotline

..... 800-633-4227

Medicare Beneficiary Helpline

..... 800-445-6941

Pierce County Long Term Care

Ombudsman..... 253-798-3789

Samoan-Pacific Islander Association

(SPIA)..... 253-496-0335



- Assisted Living
- Respite Care
- Personalized Care Plans
- 3 Delicious Meals
- Activities Program

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- Assisted Living
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- Respite Stays
- Adult Day Care

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- In Home
- Advance Directives
- Will/Trusts



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OF ELDER LAW
ATTORNEYS

1021 Regents Blvd • Fircrest, WA 98466

253-460-3190 www.Rehmkelaw.com

ADVOCACY & COMPLAINTS, *cont...*

United Way HelpLine (info & referral)	211
U.S. Dept. of Labor (wages/hours)	866-487-9243

WASHINGTON:

Atty General	800-551-4636
	253-593-2904
Insurance Commissioner	800-562-6900
Long Term Care Ombudsman	800-562-6028
Disability Rights of Washington	800-562-2702

CASE MANAGEMENT

Alzheimer's Association	800-272-3900
CayCare	866-337-1176
Home & Community Services	253-476-7200
MultiCare Advance Care Planning	253-403-1136
Pierce County ADR	253-798-4600
	800-562-0332
Samoan-Pacific Islander Assoc.(SPIA)	253-496-0335

CHEMICAL DEPENDENCY

Al-Anon	800-726-8094
	253-474-8897
Castele, Williams & Association	253-536-2881
Good Samaritan Behavioral Health	253-697-8400
Sea Mar (inpatient)	253-280-9860
Tacoma Detox Unit	253-593-2413

CRIME PREVENTION

AARP888-687-2277
Adult Protective Services (DSHS)
.....877-734-6277
TTY800-688-1165
Crime Stoppers Crimes Against Seniors
.....253-591-5959
Office of Crime Victim Advocacy
.....800-822-1067
Safe Streets253-272-6824

CRISIS LINES

Family Renewal Shelter
.....253-475-9010 or 888-550-3915
MultiCare/Good Samaritan Behavioral
Health.....253-697-8400

Pierce County:

24 Hr. Crisis Line800-576-7764
Domestic Violence Helpline
.....253-798-4166
Sexual Assault Center of Pierce
County253-474-7273
.....800-756-7273
WAFHome (KWA)253-359-0470

DEMENTIA CARE/SERVICES

Alzheimer's Association
.....800-272-3900 or 206-363-5500
Elder Care & Alzheimer's Resource
Lending Library800-848-7097
Family Caregiver Support Program
.....253-798-4600
UW/VA Alzheimer's Disease Research
Center..800-317-5382 or 253-583-2033

DENTAL CARE

Bates Dental Clinic.....	253-680-7310
Bates Denture Clinic	253-680-7314
Community Health Care Family Dental Clinic	253-572-7002
Community Health Care Lakewood Clinic	253-589-7188
Good Samaritan Mobile Dental Clinic	253-301-5215
Northwest Dental Services	253-383-3001
Pierce College Dental Clinic	253-964-6694
Pierce County ADR	253-798-4600
Puyallup Tribal Health Authority	253-593-0232
SeaMar Dental Clinic (bilingual Spanish/ English)	253-593-2144

DISABILITY-RELATED SERVICES

Center for Independence	253-582-1253
Department of Services for the Blind	253-597-4417
Disabled American Veterans	253-472-4680
Hearing Loss Association of Tacoma	253-851-6183
PC2	253-564-0707
Pierce County ADR.....	253-798-4600
Pierce County Coalition for Developmental Disabilities	253-564-0707
Tacoma Area Coalition of Individuals with Disabilities (TACID)	
V/TDD:	253-565-9000
TTY:	253-565-3486



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DISABILITY-RELATED SERVICES, cont.

Tacoma Public Library	253-591-5666
V/TTY:	253-591-5667
WA Talking Book & Braille Library	206-615-0400
	800-542-0866
WA TBI Resource Coordination	253-572-0383
WA TDD Relay Services	711

DISASTER/EMERGENCY SERVICES

American Red Cross	253-474-0400
Federal Emergency Management Administration (FEMA)	800-525-0321
Need-A-Break Services	253-284-4282
Salvation Army	253-572-8452

DOMESTIC VIOLENCE PREVENTION

Family Renewal Shelter	253-475-9010, 888-550-3915
Joint Base Lewis-McChord Safeline	253-966-7233
National Domestic Violence Hotline	800-799-7233
Pierce County Domestic Violence	253-798-4166, 800-764-2420
TDD:	253-798-4620
Washington State Domestic Violence Hotline	800-562-6025
We Are Family (KWA)	253-535-4202
YWCA Women's Shelter	253-383-2593

DRIVING IMPROVEMENT

AARP—"55 Alive"888-227-7669
Korean Language Test (KWA)
.....253-535-4202

EDUCATION

Educational Opportunity Center (EOC)
.....253-572-5960
Franke Tobey Jones.....253-752-6621
L.I.F.E.....253-241-4166
Pierce County Home Community
Action253-798-7240
Tacoma Community House
(GED prep & ESL)253-383-3951
Tacoma Area Literacy
Council.....253-272-2471

EMPLOYMENT

Senior Community Service Employment
Program...253-573-6759, 253-573-6500



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Tacoma, WA 98418

FOOD

• FOOD BANKS:

Allen Food Pantry	253-627-6855
BASH	253-531-9600
Bread of Life at Bonney Lake	360-897-9005
Bread of Life at Lake City	253-582-2515
Buckley (Kiwanis).....	253-266-7309
Community Christian Assembly	253-537-4010
Eatonville Family Agency	360-832-6805
Eatonville Living Word Assembly of God	360-832-4220
Emmanuel Food Pantry	253-863-3655

FISH Food Banks

Administration	253-383-3164
Edgewood	253-826-4654
Graham	253-846-3805
Key Peninsula	253-884-3312
Lakes.....	253-581-1116
NW Tacoma	253-756-4974
SE Tacoma.....	253-531-4530
Food Connections.....	253-383-5048
Gig Harbor Peninsula (FISH)	253-858-6179
Key Peninsula	253-884-4440
Lakewood/Prince of Peace	253-584-2565
Orting	360-893-3150
My Sister's Pantry	253-627-1186
Parkland 1st Baptist.....	253-535-1293
Puyallup (FISH).....	253-848-5240
Roy/McKenna	253-843-3033
Salvation Army	Puyallup 253-841-1491
.....	Tacoma 253-572-8452

FOOD, cont...

- Samoan Family Support.....253-535-9616
- Spanaway (FISH).....253-383-1817
- Steilacoom253-581-1076
- SE Asian Diets253-472-7264
- Sumner253-863-3655
- Tacoma/Bounty253-475-7098
- TACS-Diabetic253-272-8289
- United Lutheran Church
.....253-475-3175
- University Place (FISH)
.....253-460-3134
- WLSA/Steilacoom.....253-581-1076
- Yelm360-458-4003
- **FOOD STAMP PROGRAM**
 - Department of Social & Health Services
(Bremerton).....360-473-2200
.....800-338-7410
 - Department of Social & Health Services
(Pierce-South).....253-671-7900
 - Holy Family of Jesus
(Cambodian Church).....253-471-9838
 - Korean Women's Association
.....253-535-4202
 - Indochinese.....253-473-5666
 - Pierce County Aging & Disability
Resources.....253-798-4600
 - South Sound Outreach Services
.....253-593-2111
 - Eatonville Family Agency
.....360-832-6805
- **HOME-DELIVERED MEALS**
 - All Saints Episcopal Church
(Puyallup).....253-848-2000
 - Lutheran Community Services NW
(frozen).....253-272-8433
 - Catholic Community Services
(frozen).....253-474-1300

HEALTHCARE SERVICES

AIDS Foundation.....	253-383-2565
Avamere Health Services	877-282-6373
Breast Cancer Resource Center	253-752-4222
Communicable Info & Referral (Pierce County Health Department)	253-798-6500
SHIBA Helpline (Statewide Health (Insurance Benefit Advisors) ALTC	800-562-6900
SHIBA Helpline (Statewide Health (Insurance Benefit Advisors) KWA	253-535-4202
Concerto Health	800-861-5902

Community Health Care

(253) 597-4550

Downtown Tacoma	253-597-3813
Eastside Clinic.....	253-471-4553
Lakewood Clinic	253-589-7030
Parkland Clinic	253-536-2020
Spanaway Clinic.....	253-847-2304
Women's Health	253-597-4163
Diabetes Association.....	253-272-5134
Eye Care America	800-222-3937

Franciscan Health System

Cancer Resource Center

.....253-426-6810

Diabetes Education...253-426-6753

Doctor Referral.....888-825-3227

Heart Healthy Nutrition

.....888-825-3227

Knee/Joint Pain

888-825-3227

St. Anthony Sleep Disorders Center

.....253-853-2999

St. Clare Sleep Disorders Center

.....253-985-6951

Therapy Services

253-426-4400

Franciscan Medical Group

All Family Medicine	253-536-1020
Endocrine Consultants Northwest	253-565-6777
Franciscan Cardiology Associates	
Gig Harbor	253-857-1130
Tacoma	253-779-6220
Franciscan Ear, Nose & Throat Associates	253-426-6731
Franciscan Endocrine Clinic	253-833-1987
Franciscan Eye Care	253-502-5965
Franciscan Family Medicine	
Tacoma	253-382-8020
Canyon Road	253-539-4200
Franciscan Foot & Ankle Specialists	
Gig Harbor	253-858-9192
Lakewood	253-985-2733
Tacoma	253-382-8200
Franciscan Medical Clinic	
Spanaway	253-536-2824
Franciscan Plastic Surgery	253-985-6630
Franciscan Prompt Care—Canyon Road	253-539-4200
Franciscan Urology Associates	
Gig Harbor	253-858-9192
Lakewood	253-985-6134
Franciscan Weight Loss Surgery Clinic—Gig Harbor	253-275-6030
Franciscan Women's Health	
Gig Harbor	253-530-2955
Pearl Place	253-761-2244
Tacoma	253-382-8160
Gig Harbor Medical Clinic	253-858-9192
Gig Harbor Orthopaedic Surgeons	253-853-8810

HEALTH CARE SERVICES, cont...

Northwest Urology Center	253-426-6180
Pearl Plastic Surgery	253-759-4522
ROAD Clinic (Rheumatology, Osteoporosis and Arthritic Diseases)	253-985-6490
St. Anthony Family Medicine	253-858-9192
St. Anthony Prompt Care	253-853-2050
St. Joseph Medical Clinic	253-382-8100
St. Joseph Women's Clinic	253-382-8400
Tacoma Orthopaedic Surgeons	253-756-0888
The Lakewood Clinic	253- 985-6688
The Orthopaedic Center	253-272-2224
University Place Medical Clinic	253-564-0170
Good Samaritan Hospital	
Alzheimer's Resource Center/ Elder Care.....	253-697-8575
Cancer Center.....	253-697-4899
Interventional Pain Management	253-697-4110
MultiCare Health System	
	800-342-9919
MultiCare Outpatient Therapy	
Gig Harbor Medical	253-530-8122
Good Samaritan	253-697-7900
Puyallup Clinic	253-697-2346
Sumner YMCA Clinic	253-891-7490
Tacoma Clinic	253-459-6999
Tacoma General	

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S. Tacoma: (253) 584-2311

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HEALTH CARE SERVICES, cont...

Center for Healthy Living	253-403-7895
Diabetes Education...	253-403-1726
Pierce County Health Department	253-798-6500
Birth/Death Certificates	253-798-6418
Environmental Health Program	253-798-6470
Public Health Information referrals	253-798-2987
Puyallup Tribe Elder Care Services	
Tribal members only.....	253-680-5480
Sea Mar Health Center (Tacoma)	253-593-2144
Sea Mar Health Center (Puyallup)	253-864-4550
VA Puget Sound Health Care System	
American Lake	253-582-8440
YWCA-Pierce County....	253-272-4181

HEALTH INSURANCE

DSHS Community Service Office	877-501-2233
Medicare.....	800-MEDICARE
Matt Johnson Agency....	253-904-8982
SHIBA Helpline	253-596-0918, 800-562-6900
Korean Women’s Association (Korean Language).....	253-535-4202

HEARING

Harbor Audiology....Tacoma	253-617-7160, Gig Harbor 253-203-6641
Hearing, Speech and Deafness Center	
South Sound	253-475-0782

HOSPICE

Franciscan Hospice	
Palliative Care.....	866-969-7028
MultiCare Good Samaritan Home	
Health & Hospice	888-516-4504
MultiCare Home Health, Hospice & Palliative Care.....	253-301-4600

HOSPITALS

Allenmore	253-459-6633
American Lake	
Veterans.....	253-582-8440
Auburn Regional	253-272-8180
Good Samaritan.....	253-697-4000
Madigan Army	
Medical Center	253-968-1110
St. Anthony.....	253-530-2000
St. Clare	253-985-1711
St. Elizabeth.....	360-802-8800
St. Joseph Medical Center	
.....	253-426-4101
St. Francis.....	253-944-8100
Tacoma General.....	253-403-1000

HOUSING

- **COMPLAINTS/DISCRIMINATION**
City of Tacoma
- **DOWN PAYMENT ASSISTANCE**
City of Tacoma
- **FURNISHINGS**
St. Vincent DePaul.....
Need-A-Break
- **LOW INCOME HOUSING**
International Place (KWA)
.....

HOUSING, cont...

- Pacific Villa (KWA)253-538-9387
Pierce County ADR253-798-4600
Pierce County Housing Authority
.....253-620-5400
Pierce County Community Action
.....253-798-7240
Senior Housing Assistance Group
.....888-450-7424
Shared Housing Services
.....253-272-1532
Tacoma Housing Authority
.....253-207-4400
The Orchard (KWA)253-843-0384
- **RESIDENTIAL CARE INFO**
Pierce County ADR253-798-4600
 - **SHELTER INFORMATION**
United Way Helpline ..211
TACID253-565-9000

HOUSING REPAIRS

- Lakewood (major repair
and rehabilitation)253-589-2489
Metropolitan Development Council
Home Repair and Weatherization
programs.....253-591-7020
Need-A-Break253-284-4282
Paint Tacoma-Pierce County
Beautiful (Associated Ministries)
.....253-383-3056
Pierce County Home Community
Action253-798-7240
Rebuilding Together
South Sound253-238-0977
Rural Development360-704-7760
Tacoma Home Repair RTSS
.....253-948-3712
Tacoma Major Home

Repair253-591-5236

IMMIGRATION SERVICES

Korean Women's

Association.....253-535-4202

Tacoma Community

House.....253-383-3951

U.S. Immigration & Naturalization



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Matthew Johnson Insurance Agency

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IN-HOME CARE/HEALTH SERVICES

Advanced Health Care.....	253-475-7744
Aging and Disability Services.....	253-476-7200, 800-442-5129
Catholic Community Services	253-383-3697
Family Resource Home Care.....	253-761-8019
Good To Be Home Care.....	253-588-4344, 866-588-4344
Homewatch Caregivers of Tacoma	253-564-1006
Korean Women's Asson....	253-535-4202
Lutheran Community Services Northwest.....	253-272-8433
ResCare HomeCare	888-329-4695
Right At Home	Pierce 253-904-8215,Gig Harbor 253-509-0728
Volunteer Chore Services – CCS.....	253-502-2741
MultiCare.Good Samaritan Home Health & Hospice..	253-301-6400, 888-516-4504
Providence Sound HomeCare & Hospice.....	800-869-7062
Wesley Homes	866-850-5774
Home Health	206-870-1127
Guardian Care	253-549-9263
Homewatch Caregivers of Tacoma	253-564-1006

INSURANCE

Matthew Johnson Agency 253-904-8982

LEGAL ASSISTANCE

Northwest Justice Project..253-272-7879



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County Bar Association.....253-383-3432
WA State Access to Justice Network
(non-criminal)888-387-7111

LEGISLATION

Senior Citizens Lobby.....360-754-0207
Washington State Legislative
Hotline.....800-562-6000

LIVING WILL

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Society.....253-572-3667
WA State Access to Justice Network
CLEAR Senior.....888-387-7111
WA State Medical Assn.....800-552-0612

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(information only)253-798-4600
Pierce County Human Services
.....253-798-4400
Pierce County Long-Term Care
Ombudsman253-798-3789

MEAL SITES

Beacon Activity Center..253-591-5083
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- Fife Community Center**..253-922-8368,
2111 54th Ave. E.
- Gig Harbor Senior Mealsite**253-502-
4670, 8502 Skansie Ave.
- Good Shepherd Lutheran Church**
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- Hospitality Kitchen**253-502-2695,
1323 S. Yakima, Tacoma
- Key Peninsula Community Services**
.....253-884-4440,
10715 9th St Ct. KPN, Lakebay
- Korean Women's Association**
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- Lighthouse Senior Center**.....253-591-
5080, 5016 E. A St., Tacoma
- Mid-County Community Center**
.....253-531-8412,
10205 44th Ave. E., Tacoma
- My Sister's Pantry**.....253-627-1186
621 Tacoma Ave. S., Tacoma
- Nativity House** 253-272-5266,
2304 S. Jefferson, Tacoma
- Orting Valley Senior Center**.....360-893-
5827, 120 Washington St., Orting
- Algona-Pacific Senior Center**
253-929-1154, 100 Third Ave. SE., Pacific
- Point Defiance-Ruston Senior Center**..253-759-1070, 4716 N. Baltimore
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5555, 210 W. Pioneer
- Salvation Army-Puyallup**.....253-841-
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Sumner Senior Center....253-863-2910,
15506 62nd St Ct. E, Sumner
Tacoma Rescue Mission
253-383-4493, 425 South Tacoma Way
Tillicum/American Lake Gardens
Community Service Center..253-584-1280,
14916 Washington Ave. SW., Tillicum
Trinity Lutheran Church..253-537-0201,
12115 Park Ave. S., Parkland
University Place Senior Community
Center.....253-564-1992,
2534 Grandview Dr. W.

ETHNIC MEAL SITES

African American253-383-3657,
1323 S. Yakima, Tacoma
Asian/Pacific.....253-535-4202,
123 E. 96th St., Tacoma
Hispanic.....253-591-5080, Lighthouse
Activity Center, 5016 S. A St., Tacoma
Indochinese253-473-5666,
KWA Indochinese Cultural Services
Center, 1427 E. 40th St., Tacoma
Japanese.....253-584-1280,
Tillicum/American Lake Gardens Comm.
Center, 14916 SW. Washington, Tillicum
Puyallup Tribal Elders
Intertribal Native American..253-680-5480,
1650 E. 30th St., Tacoma

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Asian Counseling Services
.....253-301-5250
Bi-Polar Support Group (TACID)

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Catholic Community Services	
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Community Connections	
.....	253-798-4500
Crisis Line.....	800-576-7764
HopeSparks	253-565-4484
Comprehensive Mental Health Center	253-396-5000
DSHS Mental Health Division	
.....	800-446-0259
Franciscan Mental Health Services	
.....	253-439-5900, 800-576-7764
Good Samaritan Behavioral Healthcare	253-697-8400
Greater Lakes Mental Healthcare	
.....	253-581-7020
Mental Health Ombudsman	
.....	800-531-0508
Mobile Outreach Crisis Team.....	800-576-7764
Sea Mar Behavioral Health Center.....	
Tacoma	253-396-1634, Puyallup
.....	253-864-4550
TACID Mental Health Resource	
.....	253-565-9000 x20
Therapy Center (Pacific Lutheran University)	253-535-8782

MINORITY SERVICES

Asian Counseling Services	
.....	253-471-0141
Centro Latino.....	253-572-7717

Continued on next page

Elder Services & Wellness Center	
.....	253-680-5480

MINORITY SERVICES, cont...

KWA Indo-Chinese Cultural & Service Center (Vietnamese/Cambodian/Laotian)	253-473-5666
KWA (Asian/Pacific Island)	253-535-4202
Multicultural Self-Sufficiency Movement (Asian)	253-584-5615
Puyallup Tribal Health Authority	253-593-0232
Sea Mar Community Health Center (Spanish)	253-593-2144
Samoan-Pacific Islander Association	253-396-0335
Tacoma Community House (Laotians/Asians/Vietnamese/Cambodians/Russians)	253-383-3951

OUT-OF-PIERCE-COUNTY SERVICES

Aging & Disability Resources

King County	888-435-3377
Kitsap County	800-562-6418
Lewis	888-702-4464
Mason	877-227-4696
Thurston	360-664-2168

PERSONAL EMERGENCY RESPONSE SYSTEMS

Franciscan Lifeline	253-426-6669
Telephone Reassurance Program	253-798-4600
Full Circle Personal Assistance	206-478-6621

PLACEMENT/REFERRAL

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Bonney Lake Seniors

.....253-863-7658,
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Buckley Senior Center

.....360-829-0190, 811 Main St.

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Lighthouse Activity Center
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5016 E. A St., Tacoma

Mid-County Community Center
.....253-531-8412,
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Milton Activity Center...253-922-6586,
1000 Laurel

Mt. View Community Center
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Orting Valley Senior Center

.....360-893-5827,
120 Washington Ave. N., Orting

Pacific Algona Community Center

.....253-929-1150,
100 Third Ave. SE., Pacific

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Center..... 253-756-0601,
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Puyallup Activity Center

.....253-841-5555,
210 W. Pioneer

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- Sumner Senior Center**
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 Resources..253-798-4600, 800-562-0332
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Kitsap Transit

.....360-377-2877, 800-501-7433

Paratransit Services 800- 925-5438

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 Washington UTC.....888-333-9882

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Palliative Care Outreach....253-534-7050
Korean Women's Association
.....253-535-4202
Long-Term Care Ombudsmen
.....253-798-3789
Meals on Wheels (Lutheran
Community Services).....253-722-5680
MultiCare Hospice Volunteer
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Program (RSVP).....253-682-1832
Senior Companion Program
.....253-272-8433
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