

Free EFM Respite Care



AVAILABLE FOR ELIGIBLE NAVY FAMILIES

Navy Child & Youth Programs is proud to offer 40 hours of free respite care a month to families with children identified as exceptional family members.



**FREE 40
HOURS PER
MONTH**

40 Hours per month per family at no cost to eligible participants. There are no income restrictions.



**CARE FOR
SIBLINGS
INCLUDED**

Respite care also provides care for family siblings from ages birth through twelve years of age.



**AVAILABLE
IN THE U.S.**

Respite care provided by well-trained and background screened providers throughout the United States.

ELIGIBILITY REQUIREMENTS ARE:

- The sponsor is active duty or a Reservist on active duty orders
- The EFM child (birth through 18 years) resides with the Sailor and has a current enrollment in the EFMP as a Category 4 or 5 (*refers to an exceptional family member whose medical condition requires assignment near major medical facilities or whose needs are complex and specialized requiring continuity of care*)



Call 800-424-2246 or
visit: <http://bit.ly/NavyEFM>

