Avitable Finds Road to Recovery

Klamath Falls, OR – It took Amber Avitable 20 years to find the road to recovery. It wasn’t easy to find, but now she believes in herself.

“I’ve learned that I have a purpose in life,” Amber said with a smile. “Nothing can hold me back in life if I don’t let it.”

Her substance use started early. Methamphetamine (meth) was readily available and Amber tried it at 13 with a friend. She progressed from occasional to daily use. Her mom’s husband was abusive and she ran away. She didn’t finish high school.

Pregnant at 18, she got herself clean during pregnancy, but went back to using. At 21, she lost custody of her son to his dad. She stopped using again when she was pregnant in 2009, but started back up after giving birth. She was dealing meth and held different jobs long enough to show income.

“I was as functioning as an addict could be,” Amber said. “I took care of my kids, had a home, and I wasn’t causing a ruckus.”

Amber was arrested April 20, 2017 for possession of meth. Her youngest child was taken from her by authorities. She came to LCS Northwest through Klamath County Drug Court. That didn’t start well. She failed drug tests if she showed up at all.

Her life took a turn for the better when she checked into Transformation Wellness Center, an inpatient facility. That move saved her life, as she had time to focus on herself. During Amber’s three months there, her LCS Northwest Mental Health Counselor Kyra Letzring would visit. By working with Kyra, Amber was diagnosed with Adjustment Disorder. She is learning to deal with anxiety and depression.

Amber is enjoying life more now that she is clean and sober. She’s a lot calmer, and a better mom.

“Our relationship is just a million times better,” Amber said of her children. “I’m actually present now instead of checked out mentally and emotionally.”

Amber graduated from Drug Court in 2018. She also participated in our Supported Employment program, where we help adults diagnosed with a mental illness find and maintain a job.

Today, Amber is working at Biagio’s Bar and Grille in Klamath Falls. Her next step is to earn her GED. She eventually wants to become a peer support specialist for LCS Northwest and help other addicts with recovery.

Our Mission

Lutheran Community Services Northwest partners with individuals, families and communities for health, justice and hope.
We’re a little more than a year away from celebrating our 100th anniversary. I’m looking forward to enjoying that milestone with you. But, that is next year.

First and foremost, thank you for making our life changing work possible. You are the champions of building stronger communities. We appreciate your generosity and investment.

In addition to our life-changing work, our focus has been planning for the next three years. Our six-month planning process caused me to reflect on my 30-plus years in human services. After discussing our future with staff, leaders and community partners, I realized how we deliver services and how we measure success is changing. I also realized that some of the people who are shaping our future weren’t born when I started my first job in 1989 fresh out of Pacific Lutheran University as a social work major.

Three areas of our work I want to highlight that were discussed in our planning process include:

- **Working to improve social determinants of health.** These are conditions in places where people live, learn, work, and play that affect a wide range of health risks and outcomes. An example is in Tacoma, where we’ve expanded social opportunities for seniors with dementia. Socialization has been shown to slow the progress of dementia. This leads to a better quality of life, and may delay the need for costly long-term care.

- **Better our understanding and use of advances in neuroanalysis and evidence-based treatments.** There’s a lot of new research on the brain. We need to use these advancements to help clients heal with proven treatments.

- **Developing integrated health partnerships.** Physical and mental health is merging. We must work together with different providers to treat the whole patient. Technology will play a role in how this evolves.

Thirty years ago, we didn’t discuss these things. We had the same focus of helping people in need; we just didn’t have the same tools as today.

We’re also changing how we measure and talk about our work. We will focus more on the community impact of our services. An example of a question we need to answer is: What is the value to a community of having a person overcome addiction and/or mental health issues and return to work through an employment program? When we learn the answer, we can multiply that value by the people we help in a given area to properly gauge our community impact.

LCS Northwest is about people. I want to update you on our new leaders in 2018. We welcomed Heike Lake as our Chief Operating Officer after Denny McGaughy retired. Like her mentor Denny, Heike was the District Director in Spokane before becoming COO. Erin Williams Hueter is our new District Director in Spokane. Erin was the Director of Victim Advocacy and Education there.

In addition to Heike, two new members of our Executive Team are Chief Financial Officer Karyn Huffman and Chief Development Officer Elliot Stockstad. Karyn is a CPA with a long history in finance. Elliot has a master’s degree in counseling, and has built a career in development.

We also said goodbye to North Puget Sound District Director Greg Dootson, who retired in 2018. Senior District Director Trudy Sorensen is doing double duty by leading both North Puget Sound and South Puget Sound Districts. I’d also like to officially welcome District Director Sharon Gentry in the Tri-Cities, who joined our leadership team in 2017.

Finally, thank you again for your support. Many people have found health, justice and hope because of you!

David Duea, President and CEO
Jean Paul Mugisha embodies the American dream. By studying and working hard, he has made a better life for himself and his family. What makes Jean Paul’s dream unique is he’s spent most of his life in a refugee camp.

Born in the Congo, Jean Paul’s family fled violence when he was three. They ended up in a refugee camp in Rwanda where he, his parents and seven siblings lived for 17 years. “Normal” life was eating one meal a day, walking up to two miles for water, and growing up without electricity.

With little to do, Jean Paul focused on school. He finished the camp’s formal education in the ninth grade. It looked like his education would stop there, because high school cost money, and his family survived on 24 cents a day. But, “luck” intervened, as the woman who ran the camp’s school paid for Jean Paul to attend a boarding high school outside the camp. His life changed.

“That’s when I realized I wasn’t like any of the other kids,” Jean Paul said. “Being a refugee was something negative. It meant you were weak and couldn’t do anything for yourself. You didn’t have any rights.”

Jean Paul hid the fact that he was a refugee from his classmates. He started eating three meals a day. He studied hard and ended up as the top student in his class and the number two student in Rwanda. The top 50 students in the country were sent abroad for higher education.

“When the time came, my hopes were crushed,” he said. “There was no scholarship for college because I was a refugee.”

After a year of teaching at the camp, Jean Paul earned a scholarship from a nonprofit to attend college in Rwanda. Eight months into courses, his family learned they were moving to the United States. Our Refugee Resettlement team helped his family make Portland their home.

Jean Paul was the only family member proficient in English. At 20, he had to lead, navigate and negotiate for his family. He enrolled in Portland Community College. When school and family commitments conflicted, he called our Case Manager Aline Ndemeye, who helped the family navigate services.

“Jean Paul Mugisha celebrates earning his bachelor’s degree from the University of Portland in electrical engineering with his family. His educational journey started in a refugee camp.”

“I appreciate what Lutheran Community Services has done for us. They have created many connections for us with different people, and they are still helping our community.”

Jean Paul Mugisha
Engineer
Portland, OR

““It was the best transition working with Lutheran Community Services,” Jean Paul said. “I thought it would be a lot more difficult.”

Jean Paul’s studies paid off. He worked at an internship with businessman and community leader Ryan Hoppes. In turn, Ryan introduced Jean Paul to the President of the University of Portland, who offered him a full-ride scholarship. He earned a bachelor’s degree in electrical engineering.

Today, Jean Paul is a test development hardware engineer at Intel. He sees himself as a leader in his family and his community. His family is thriving. He wants to continue his education and move up at Intel. But, he remembers what it’s like to eat one meal a day.

“I appreciate what Lutheran Community Services has done for us,” he said. “They have created many connections for us with different people, and they are still helping our community.”

Community Impact:
From July 2017 to June 2018, LCS Northwest served more than 10,000 immigrants and refugees through mental health counseling, health promotion, resettlement support, assistance with immigration status and providing homes for unaccompanied refugee minors.

Refugees make our economy stronger. A 2017 report from the Department of Health and Human Services shows that refugees contributed $63 billion to the economy from 2005-2014. The investment grows, as second-generation Americans have on average higher income levels, more education and a higher percentage of home ownership than their parents.
Right as the interview started in our Prineville office, Christopher Koontz made it clear he had had a rough night.

"I had a really bad panic attack last night," he said. "It's always tough for me to think clearly the next day."

But for the next hour, Koontz talked about the debilitating panic attacks that brought him to LCS Northwest and the progress he is making. His first panic attack hit when he was working alone at a pizza and sandwich shop in 2015. His mom took him to the ER.

"I thought I was having a heart attack, but they told me I was having a panic attack," Koontz said. At first, the attacks came every two weeks. Then the frequency picked up to having them every day.

Doctors said the panic attacks stem from an old spinal injury that creates anxiety. Koontz eventually spent 9 days at an inpatient psychiatric facility, where he was heavily sedated. Heavy sedation wasn’t the direction he wanted to go.

In December of 2017, he came to LCS Northwest in Prineville for help. He started individual counseling and group therapy. His panic attacks have diminished to once a week.

"I worked to lower my anxiety," Koontz said. "My thinking started changing and how I was acting."

When panic attacks hit, he can usually control them within 20 to 45 minutes. He thinks about positive things, uses breathing techniques, and opens a binder full of notes and pictures. The binder helps him focus.

He participates in two groups – Dialectical Behavioral Therapy and Healthy Boundaries. He’s met others who experience panic attacks. He’s met some people who no longer have them.

"Being able to talk and share that you have problems makes us more comfortable with our own problems. You don’t feel alone. It’s not as scary."

- Christopher Koontz
Group Therapy Client
Prineville, OR

Koontz is much happier and smiles a lot more now. But, he’s not where he wants to be in life. An excellent math student who has already taken two types of calculus, Koontz is more than halfway to an associate’s degree in accounting.

"I just want to be self-reliant," he said. "I have a long ways to go."

His goals include owning a one-story house, earning a decent paycheck, and becoming a Certified Public Accountant (CPA).

"I can’t say that I’ve made any progress without Lutheran’s help," Koontz said. "They have all the resources and tools available for people like me."

In the last fiscal year, LCS Northwest provided mental health services to more than 6,300 people. Anxiety disorders, such as panic attacks experienced by Christopher, are one of the more common disorders that we treat. In the US, anxiety disorders are the most common mental illness affecting 40 million adults each year, or 18.1% of the population.

If left untreated, people who suffer from panic attacks can become afraid of when and where they will have an attack. The effects of this can include development of phobias, avoidance of social situations, problems at school or work, increased risk of substance abuse and even suicide. Unfortunately, only about 37% of people suffering from anxiety disorders receive treatment.
Across Our Agency
Brief 2018 Highlights from Our Districts and Areas

Central Oregon
We are thrilled to have all of our Crook County Services under one roof. Early in 2018, we moved every department into the former Prineville Memorial Hospital building. Our 96,000 square-foot building sits on 13 acres of land. We have increased our access to care, as we served nearly 1,200 individuals and families in 2018. We are pleased to report that we passed our Oregon Health Authority Review.

Spokane
Elder services grew with a new contract to fund Victim Advocacy work with elder abuse survivors and the opening of the North Central Clinic. Intensive work was completed to move from government contracts for behavioral health to managed care organizations. We’re working to better track health outcomes with physical health providers. Our Wraparound with Intensive Services (WISe) program added another team, and the Unaccompanied Refugee Minor Foster Care program saw its first young people begin college and start to live independently.

North Puget Sound
Thanks to several new community partnerships, clients with our Familias Unidas Latino Community Resource Center in Everett can now receive immigration legal support, counseling services and citizenship classes at no cost. Refugees Northwest provided 477 refugees and other humanitarian migrants with individual counseling services in 18 languages last year. FamilyBuilders increased the number of foster children served from 28 to 43. NPS District Director Greg Dootson retired last year. Senior District Director Trudy Sorensen has been fulfilling this role in addition to her leadership with South Puget Sound.

Portland Area
We celebrated our 30th anniversary of Slavic resettlement in the Northwest. St. Matthews Lutheran Church donated $25,000 to our refugee programs. Our Peer Support Training is very popular, as each session has a waiting list for people who want training to be a Peer Support Specialist. Project impact is an evaluation tool used to evaluate the community impact of our programs. Several employees are participating in the six-month tool development so we can make a greater impact on communities we serve.

Klamath Falls
One key new program started this year and another is on the way. We started a Medication Assisted Treatment program to address the opioid epidemic. We were awarded the Oregon Relief Nursery Association grant to start a Family Gathering Place. The Relief Nursery will work to reduce child maltreatment and neglect in Klamath County. Our Hispanic Advisory Board created new marketing material for our Cinco de Mayo Festival and found new grant money for the festival’s scholarship.

South Puget Sound
We started Music Mends Minds as “medicine for the mind” for people in early cognitive decline and their care partners. The music and social group is a partnership with the Puyallup Rotary Club. We assumed management of Clallam County Services and the Military Family Respite program. Both were previously managed by North Puget Sound. We purchased a new building in Tacoma for the future SPS headquarters, and we are moving forward with building renovations.

Yamhill County
We have a new primary office in McMinnville that was built out to better support our services. We expanded our behavioral health services to two additional school districts. Our goal is to have school-based counselors in all seven school districts by 2021. We are celebrating our fifth anniversary of A Family Place Relief Nursery, which now reaches 300 children a year with a mixture of therapeutic preschool classrooms, professional home visiting and parent education. We began raising funds to expand our Relief Nursery and behavioral health services to the West Valley as an effort to reduce rates of child abuse and neglect there.

Astoria
We started Family Find, a program to find kith and kin for foster children who are aging out of the foster care system. We added a Spanish-speaking class for parents going through a divorce. We held our second Empowered to Connect Conference in Seaside focused on parenting skills for children who have experienced trauma, been in foster care, or been adopted.

Tri-Cities
We started offering our clients medication management as part of our wraparound services. Involving our on-site prescriber in the wraparound process improves our holistic efforts to address the mental health needs of the youth we serve. This has been an integral aspect of wraparound, as medication needs and changes can now be addressed quickly when identified by the team.

LCS Northwest Annual Report
Taking on Life’s Challenges in the Tri-Cities

If you met Oliver Siah, his bright smile and genuine demeanor would immediately disarm you. Underneath that warmth is a young man who struggles with behavioral health challenges.

Oliver’s life had a tough start. Adopted as a drug-addicted infant, his family made two cross-country moves during adolescence. In his youth, he struggled with not feeling accepted by family or peers.

Challenges with Tourette Syndrome, depression and Attention Deficit Hyperactivity Disorder (ADHD) led to major difficulties focusing and controlling impulses. These conditions started to significantly impact Oliver’s life as a teenager.

Feeling isolated and alone, Oliver started compulsively gambling and stealing. After a suicide attempt, he was referred to LCS Northwest in Kennewick, where he and his family enrolled in our 3 Rivers Wraparound with Intensive Services (Wise) program.

“I’m not a big fan of counseling, but I was at rock bottom and knew something needed to change,” Oliver said. This was a turning point.

The Wise team helped him move forward by building on his strengths. His primary strengths are a connection to his faith, a willingness to be open with his challenges, and an awareness of what will and won’t work for him individually.

With his therapist, he worked through his anger and stopped gambling. He gained new skills by working with our behavioral interventionist. Learning emotional regulation and new communications skills, his relationships improved significantly.

Oliver built practical life skills through a partnership with our youth peer support specialist. He learned how to navigate the adult world and to create his own success. His newfound confidence helped him manage challenges and lead a more meaningful life.

With life heading in a better direction, Oliver worked with our career advisor who helped him land a full-time job at an AutoZone distribution center. He’s excited about work, and knows it can lead to other opportunities. His future is brighter.

“They earned my trust and were always encouraging and supportive of my goals in life,” Oliver said of LCS.

Oliver’s life looks different now that he is 20. His relationships with peers and family, especially his mom, have improved dramatically. He builds community; once performing 140 hours of community service in one month. He recently purchased a car. Now, for the first time he’s thinking about going to college.

“Some things that cross my path remind me of the past, but I feel there’s hope for my future.” Oliver said, “Life seems brighter.”

Community Impact:
In 2018, Lutheran Community Services Northwest served 296 children and families through the Wise programs in Kennewick and Spokane.

Wraparound programs, such as Wise, lead to reductions in health care costs. One study indicated an average savings of $13,356 in health care spending per family for the year following services. This does not take into account additional savings that may occur in juvenile justice and child welfare.


Page 7
Members of the 2018 LCS Northwest Board of Directors are: (from left) Jimmy Go, Lisa Kraft, Mark Kachmarek, Rev. Paul Stumme-Diers, Amina Suchoski, Les White, Barbara Smithson, Mike Youngquist, Gretta Merwin, Laura Gifford and Rev. Mike Wilson; not pictured: Greg Gilbert

Members of the 2018 LCS Northwest Leadership Team include: (front row from left) Bob Pickel, Salah Ansary, Scott Willard and Steve Haviland; (second row, from left) Heike Lake, Amy Converse, Karyn Huffman, Trudy Sorensen, Jean Casper and Erin Williams Hueter; (back row, from left) Sharon Gentry, Jake Fournier, David Duea, Kate Gerken, Jordan Robinson and Elliot Stockstad

<table>
<thead>
<tr>
<th>Board of Directors 2019</th>
<th>Leadership Staff 2019</th>
<th>District Directors 2019</th>
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</thead>
<tbody>
<tr>
<td>Laura Gifford, Chair</td>
<td>David Duea, President and CEO</td>
<td>Salah Ansary, Portland Area</td>
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<tr>
<td>Les White, Vice-Chair</td>
<td>Heike Lake, Chief Operating Officer</td>
<td>Sharon Gentry, Tri-Cities</td>
</tr>
<tr>
<td>Rev. Paul Stumme-Diers,</td>
<td>Jake Fournier, Chief Information/Strategy Officer</td>
<td>Bob Pickel, Central and Southern Oregon</td>
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<tr>
<td>Secretary</td>
<td>Jean Casper, Chief Human Resources Officer</td>
<td>Jordan Robinson, Yamhill County</td>
</tr>
<tr>
<td>Greg Gilbert</td>
<td>Karyn Huffman, Chief Financial Officer</td>
<td>Trudy Sorensen, North and South Puget Sound</td>
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<tr>
<td>Jimmy Go</td>
<td>Elliot Stockstad, Chief Development Officer</td>
<td>Erin Williams Hueter, Spokane</td>
</tr>
<tr>
<td>Mark Kachmarek</td>
<td>Amy Converse, Director of Operational Excellence</td>
<td></td>
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<tr>
<td>Lisa Kraft</td>
<td>Steve Haviland, Director of Communications</td>
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<tr>
<td>Gretty Merwin</td>
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<td>Barbara Smithson</td>
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<tr>
<td>Amina Suchoski</td>
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<tr>
<td>Rev. Mike Wilson</td>
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<tr>
<td>Mike Youngquist</td>
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## Financial Statements

For 12 months ending June 30, 2018

### Revenue and Expenses

<table>
<thead>
<tr>
<th>Revenue</th>
<th>June 30, 2018</th>
<th>June 30, 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Government Fees and Grants</td>
<td>$37,745,572</td>
<td>$30,887,654</td>
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<tr>
<td>Client Fees</td>
<td>3,110,668</td>
<td>9,055,098</td>
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<tr>
<td>Contributions and Public Support</td>
<td>9,293,390</td>
<td>3,630,243</td>
</tr>
<tr>
<td>Religious and Associated Organizations</td>
<td>290,086</td>
<td>472,027</td>
</tr>
<tr>
<td>Investment Return</td>
<td>314,193</td>
<td>398,248</td>
</tr>
<tr>
<td>Rental</td>
<td>461,705</td>
<td>366,466</td>
</tr>
<tr>
<td>Other Revenue</td>
<td>408,534</td>
<td>525,406</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$51,624,148</strong></td>
<td><strong>$45,335,142</strong></td>
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</tbody>
</table>

### Expenses

**Program Services:**
- Behavioral Health: $12,589,228 / $13,028,960
- Child Welfare: 14,020,765 / 12,577,846
- Senior & Disability Services: 2,899,035 / 3,025,116
- Family & Community Support: 2,954,233 / 2,592,736
- Immigration & Refugee Services: 4,715,601 / 5,880,604

**Supporting Services:**
- Management and General: 9,328,819 / 5,513,083
- Fundraising: 1,171,803 / 1,088,810
- SeaTac Building: 942,817 / 370,855

**Total Expenses** | **$48,622,301** | **$44,078,010**

**Change in Net Assets** | **$3,001,847** | **$1,257,132**

### Balance Sheet

<table>
<thead>
<tr>
<th>Assets</th>
<th>June 30, 2018</th>
<th>June 30, 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and Investments</td>
<td>$13,742,679</td>
<td>$10,566,169</td>
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<tr>
<td>Accounts and Pledges Receivable (net)</td>
<td>5,983,206</td>
<td>5,992,962</td>
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<tr>
<td>Land, Buildings and Equipment (net)</td>
<td>11,629,814</td>
<td>10,766,793</td>
</tr>
<tr>
<td>Other</td>
<td>1,002,526</td>
<td>859,021</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$32,358,225</strong></td>
<td><strong>$28,184,945</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Liabilities</th>
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</thead>
<tbody>
<tr>
<td>Accounts Payable</td>
<td>$1,561,273</td>
<td>$1,070,125</td>
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<tr>
<td>Accrued Liabilities</td>
<td>2,813,095</td>
<td>2,753,593</td>
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<td>Deferred Revenue</td>
<td>1,819,655</td>
<td>1,690,871</td>
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<tr>
<td>Notes Payable</td>
<td>5,040,921</td>
<td>4,548,922</td>
</tr>
</tbody>
</table>

**Total Liabilities** | **$11,234,944** | **$10,063,511**

**Total Net Assets** | **$ 21,123,281** | **$18,121,434**

**Total Liabilities and Net Assets** | **$32,358,225** | **$28,184,945**

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Senior District Director Trudy Sorensen is pictured with Rev. Mark Griffith at St. Luke’s Lutheran Church in Bellevue. Mark and St. Luke’s played host to a pastor’s luncheon in September. About a dozen clergy from the eastside of Seattle came out to hear about our FamilyBuilders fostering services.
Our President’s Circle members are the cornerstone of our work by donating $1,000 or more annually. You help thousands of people in need throughout the Northwest.

Platinum President’s Circle
(Giving of more than $25,000)
Alice Iverson
Peter & Christine Koch

Benefactor President’s Circle
(Giving of $10,000 - $24,999)
Gustav & Janice Diem
Mark & Tracie Henninger
Kathleen & Thomas Jacobson
Hal & Nancy Johnson
Norbert & Christine Leupold
Margaret Liebert
James & Esther Rehwalt
Jerry Spoonemore

Diamond President’s Circle
(Giving of $7,500 - $9,999)
Janice Moorefield
Roger & Ellen-Marie Rystrom
Rob & Kelly Stephens
Bruce & Janice Vesper

Gold President’s Circle
(Giving of $5,000 - $7,499)
Nancy Davis & Leon Chesler
Wanda ‘Kay’ Dirks-Hill & Dennis Hill
Terry & Cynthia Edwards
Larry & Dorothy Hayden
Joan Hosking & Ralph Schoolcraft
Sally Lanhan

Silver President’s Circle
(Giving of $2,500 - $4,999)
John Aakre & Cindy Michael
Dan & Joan Bauerman
Richard Baumann
Robert Boyle
Tamara Brining
Ed & Jan Bryan
Roger & Kathleen Chase
Keri & Jamin Clark

President’s Circle
(Giving of $1,000 - $2,499)
Julie Adelman
Bill & Ruth Anderson
Crystal Anderson
Trygve & Lyla Anderson
Bruce & Dixie Ameklev
Barbara & Bob Atkinson
Barbara & Don Barnett
Kristin Baylor
Tonia Beebe
Katherine Beeler
Jerry & Barbara Belvill
James Berka
Bruce & Kristina Berney
Carolee Berntsen
Geoff Bjorkedal
Pastor Ladd Bjorneby
Susan Sokol Blosser
Owen Bratvold

Ruth Briehl
Darlene & James Brittner
Davida & Richard Brown
William & Kathryn Brueggemann
Janette Buell
Yolanda Byeman
Dave & Jocelyn Carson
Bert Caruthers
Allison & Lars Carver
Scott & Susan Chambers
Angela Chien
Steve Christensen
Lawrence Clay
Juanita & Robert Clifford
Gerald & Tamera Cochrun
Richard Cook
Robert & Carolyn Cornie
Michael & Robbie Courts
Ted & Tammie Crawford
Dennis & Barbara Crisman
William & Amarette Cunnings
Bill & Ann Dolan
Sean & Ann Donahue
Loren & Chris Dudley
Aaron & Irene Dunlop
Bruce & Eileen Edwards
Keith & Virginia Ellers
Donald & Paula Eismann
Pauline Ellett
Dave & La Rae Ellington
Judith Embler
Gerry & Linda Evanson
John & Ruth Fabian
Kathy & Mark Falk
Paula Fendler
Charles & Debra Fisher
James & Margel Gallagher

† Deceased
President’s Circle
(Giving of $1,000 - $2,499)

Suzanne Gardon
Carol & Charles Geldaker
Michelle Giguere
James & Georgia Girvan
David & Sue Gitch
Lawrence & Lisa Godt
Steven & Susan Goering
Robert Greenwood
Chris & Karen Grigg
Rick & Julie Grover
Carl Guenzel
Bill & Evie Gustafson
Gary Gutierrez
Paul & Patricia Haddeland
Fred Hagelstein
Denise Hanson
Kevin & Carolyn Harding
Jack Hatlen
Cathy & David Haugeberg
Andy & Terri Heckroth
John Helmon & Anja Wase
Virginia Hilken
Allan & Robyn Holms
Karyn & Bill Huffman
Russell & Kristin Hulvey
Mitzi Hunter
Susan Huwaldt
Scott Irwin
Brian & Sunshine John
Katherine Johnson
Marcia Johnson
Melanie Johnson
Walt Johnson
Andrew Jones
David & Martha Jones
Pat & Paul Kaald
Dean & Debbie Klaus
Anna Kotelnikova
Todd & Lisa Kraft
Art & Julie Landskov
Marcy Langdahl
Mickey Lansing-Luehrs & Dean Luehrs
Charlene & Ronald Larsen
Kenneth & Elaine LaToza
Fred & Catherine Lauritsen
Danielle Layne
Richard & Ann Lee
Dick & Avona Lehmann
Don & Roberta Leonardy
Dennis & Heather Lewis
Craig & Shelly Likkel
Marion Liming
Hans & Ann Lindstrom
Dick & Helen Lodmill

Dan & Judy Lorenz
Eric & Jan Luttrel
Gloria Lutz
Jack & Gloria Lyon
Rich & Candy Mathes
Aimee & Joshua Maurer
Clarence & Jeanna May
Malcolm & Diane McCallum
Steve & Ashlie McConnell
Dennis & Liz McGaughy
Jim & Marilyn McGinnis
Dee & Mary McGonigle
John & Cindy McKay
Gordon & Donna Merseth
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Our University Victim Advocacy team in Spokane questioned some of the proposed federal changes to Title IX that would impact how colleges deal with sexual violence. Team members pictured from left are Millini Goodman, Kristina Poffenroth and Kerri Handley.
“Whatever you do for one of the least of these, you do for me.” Matthew 25:40

Members of our 25:40 club give $300-$999 annually to create Health, Justice and Hope.

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25:40 Club Donors, July 2017 - June 2018

We fondly remember Sandy Jennings, a long-time friend and supporter of LCS Northwest. Sandy passed away at the end of 2018. Sandy served on our Board of Directors from 1995 to 2001, and was the Board Chair in 2001. She and her husband, Frank, co-chaired our capital campaign, “Called to Community – Called to Care,” that raised $7.3 million to build The Village at Angle Lake in SeaTac, WA. The third floor Jennings Boardroom at Shared Services is named after them. “LCS carries out Christ’s mission in the church,” Sandy said two years ago. “The agency does collectively in the community what we can’t do as individuals.” Sandy, thank you for making the Northwest a better place to live, and may you rest in peace.
Our ministry is made possible by congregations and church organizations across Washington, Oregon and Idaho through social outreach funding, benevolence support, special offerings and in-kind support. These are the congregations and church organizations that gave $300 or more from July 2017 to June 2018.

CONGREGATIONS

Advent Lutheran Church, Spokane Valley, WA
Agnus Dei Lutheran Church, Gig Harbor, WA
All Saints Lutheran Church, Spokane, WA
American Lutheran Church, Newport, WA
Angle Lake Neighborhood Church, SeaTac, WA
Augustana Lutheran Church, Portland, OR
Beacon Heights Church of the Brethren, Fort Wayne, IN
Bethany Lutheran Church, Bainbridge Island, WA
Bethlehem Lutheran Church, Renton, WA
Bethlehem Lutheran Church, Spokane, WA
Camano Lutheran Church, Camano Island, WA
Central Lutheran Church, Spokane, WA
Christ Lutheran Church, Lakewood, WA
Christ Lutheran Church, Odessa, WA
Christ the King Lutheran Church, Bellevue, WA
Columbia Community Church, Richland, WA
Community of Christ Church, Hillsboro, OR
Community of Christ at Memorial Lutheran Church, Bremerton, WA
Cross and Crown Lutheran Church, Renton, WA
Crossroads Community Church, Vancouver, WA
Dungeness Valley Lutheran Church, Sequim, WA
Edmonds Lutheran Church, Edmonds, WA
Edmonds United Methodist Church, Edmonds, WA
Emanuel Lutheran Church, Ritzville, WA
Emmanuel Lutheran Church, Cheney, WA
Faith Evangelical Lutheran Church, Redmond, WA
Faith Lutheran Church, Leavenworth, WA
First Baptist Church, Lake Stevens, WA
First Lutheran Church, Astoria, OR
First Lutheran Church, Kennewick, WA
First Lutheran Church of Bothell, Bothell, WA
First Lutheran Church of Tacoma, Tacoma, WA
First Presbyterian Church, Klamath Falls, OR
First Presbyterian Church, McMinnville, OR
First Presbyterian Church, Newberg, OR
Gethsemane Lutheran Church, Portland, OR
Gloria Dei Lutheran Church, Tacoma, WA
Grace Lutheran Church, Port Townsend, WA
Grace Lutheran Church, Wenatchee, WA
Holy Cross Lutheran Church, Salem, OR
Holy Cross Lutheran Church, Spokane, WA
Holy Spirit Lutheran Church, Kirkland, WA
Holy Trinity Lutheran Church, Port Angeles, WA
Imago Dei Community, Portland, OR
Immanuel Lutheran Church, Seattle, WA
Immanuel Lutheran Church, Silverton, OR
Jesus Christ Salt & Light, Des Moines, WA
Kent Lutheran Church, Kent, WA
King of Glory Lutheran Church, Boise, ID
Klamath Lutheran Church, Klamath Falls, OR
Lake Stevens First Baptist Church, Lake Stevens, WA
Lord of Life Lutheran Church, Kennewick, WA
Lutheran Church of Christ the King, Tacoma, WA
Magnolia Lutheran Church, Seattle, WA
McMinnville Covenant Church, McMinnville, OR
Messiah Lutheran Church, Spokane, WA
Mount Cross Lutheran Church, University Place, WA
Mountain View Lutheran Church, Edgewood, WA
Northlake Lutheran Church, Kenmore, WA
Our Savior Lutheran Church, Pinehurst, ID
Our Saviour’s Lutheran Church, Bremerton, WA
Peace Evangelical Lutheran Church, Tacoma, WA
Peace Lutheran Church, Colfax, WA
Peace Lutheran Church, Puyallup, WA
Peace Lutheran Church, Salem, OR
Peace Lutheran Church, Silvana, WA
Pilgrim Lutheran Church, Puyallup, WA
Poulsbo First Lutheran Church, Poulsbo, WA
Prince of Peace Lutheran Church, Lakewood, WA
Prince of Peace Lutheran Church, Shoreline, WA
Prince of Peace Lutheran Church, Spokane, WA
Queen Anne Lutheran Church, Seattle, WA
Redeemer Lutheran Church, Fircrest, WA
Resurrection Lutheran Church, Portland, OR
Saint Andrew’s Lutheran Church, Bellevue, WA
Silverdale Lutheran Church, Silverdale, WA
Sisco Heights Community Church, Arlington, WA
Spirit of Grace, Beaverton, OR
Spirit of Life Lutheran Church, Port Orchard, WA
St. Andrew Lutheran Church, Beaverton, OR
St. Barnabas Episcopal Church, McMinnville, OR
St. James Lutheran Church, Portland, OR
St. John United Lutheran Church, Seattle, WA
St. John’s Episcopal Church, Snohomish, WA
St. John’s Lutheran Church, Medical Lake, WA
St. Luke Lutheran Church, Portland, OR
St. Luke Lutheran Church, Spokane, WA
St. Mark Lutheran Church, Salem, OR
St. Mark’s Lutheran Church, Spokane, WA
St. Mark’s Lutheran Church by the Narrows, Tacoma, WA
St. Matthew Lutheran Church, Beaverton, OR
St. Paul Lutheran Church, Portland, OR
St. Timothy Lutheran Church, Portland, OR
Trinity Lutheran Church, Freeland, WA
Unitarian Universalist Fellowship, McMinnville, OR
University Place Presbyterian Church, Tacoma, WA
Vinland Lutheran Church, Poulsbo, WA
Wilbur Lutheran Church, Wilbur, WA
Zion Lutheran Church, Kent, WA
Zion Lutheran Church, Spokane Valley, WA
Zoar Lutheran Church, Canby, OR

Former North Puget Sound (NPS) Director Dianne Shiner (left) toasts current NPS Associate Director Susan Brook at a gathering for FamilyBuilders supporters, staff and foster parents.
Congregations and Church Organizations

CHURCH ORGANIZATIONS

All Saints Community Services, Puyallup, WA
Cameron Emmanuel Lutheran Church WELCA, Kendrick, ID
Diakonia - Cheney, Cheney, WA
Diakonia - Spokane, Spokane, WA
ELCA - Eastern Washington-Idaho Synod, Spokane, WA
ELCA - Northwest Washington Synod, Seattle, WA
ELCA - Oregon Synod, Portland, OR
ELCA - Southwestern Washington Synod, Tacoma, WA
Evangelical Lutheran Church In America, Chicago, IL
Evangelical Lutheran Church In America - Region 1, Mill Creek, WA
First Evangelical Lutheran Church WELCA, Saint Helens, OR
First Lutheran Church Endowment Fund, Astoria, OR
First Presbyterian Church Deacon’s Fund, Newberg, OR
Harbor Christian Center, Gig Harbor, WA
LCMS - Northwest District, Portland, OR
Martha & Mary Lutheran Services, Poulsbo, WA
Olympic Cluster Women of the ELCA, Tacoma, WA
Pasco First Lutheran Church Women, Pasco, WA
Peace Lutheran Church Women, Portland, OR
Prince of Peace Lutheran Women, Spokane, WA
St. John’s Lutheran Church WELCA, Medical Lake, WA
Thrivent Financial, Appleton, WI
Thrivent Financial Regional Field Office, Liberty Lake, WA
Thrivent Financial Regional Field Office, Spokane, WA
Vancouver Trinity Lutheran Foundation, Vancouver, WA

Familias Unidas Guides Homeless Family to Brighter Future

Like any parent, Hilda Rodriguez wanted a better future for her children. It’s what motivated her and her husband, Gabriel Robles, to leave Mexico for a new life in the United States more than 27 years ago.

Years later, when their son found himself as a single parent raising three toddlers, the couple uprooted themselves again. Now in their 60s, Hilda and Gabriel gave up their longtime home in California and journeyed north to Everett, WA to help raise their granddaughters. They moved in with their son and cared for the children so he could work and support his family.

Life took a turn for the worse when their son had a personal crisis. Without his income, Hilda, Gabriel and their grandchildren were facing eviction in May 2017. They needed help. Hilda learned about Familias Unidas Latino Community Resource Center in Everett from another organization and made contact in March.

Familias Unidas is one of our four Community Resource Centers in Snohomish County. Mariela Santos worked there, and was the only Spanish speaking Housing Navigator serving Snohomish County at the time.

“We provided translation services for them throughout the eviction process,” explained Santos. “St. Vincent de Paul helped the family with a one-week stay at a motel, then we moved Hilda and the girls into a women’s shelter. This gave us time to address other critical needs for the family, like securing health care for the girls, applying for temporary cash assistance for the family, and helping them sign up for subsidized housing.”

Gabriel was forced to couch surf and live in his vehicle. A diabetic with high blood pressure and heart disease, his health declined while he was homeless. Health was also a concern for the rest of the family living in the shelter, as one of the girls developed tuberculosis and was on medication for eight months.

Homeless and separated for 11 months, the family remained connected with Familias Unidas. Our center helped pay Gabriel’s medical bills, guided them through the legal system to maintain custody of their grandchildren, helped Hilda get eyeglasses, provided clothing, shoe vouchers, holiday gifts for the girls and so much more, Hilda recalled.

The tide turned in early 2018. Hilda and Gabriel were approved for subsidized housing through Everett Housing Authority. Familias Unidas helped pay their eviction expenses, and the family rented an apartment. By April, the grandparents and grandchildren were living together again.

“Our family is reunited thanks to Familias Unidas,” said Hilda. “Today we are all healthier, our granddaughters are enrolled in preschool, and Gabriel and I are able to provide for the children. Our future is brighter now that we are together as a family.”
Funding from foundations, corporations, small businesses, United Way and other organizations enables LCS Northwest to strengthen communities across our region. Each business, foundation and organization gave $300 or more from July 2017 to June 2018.

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nYne Bar & Bistro, Spokane, WA  
Oregon Mainline Paving, McMinnville, OR  
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PacificSource Health Plans, Springfield, OR  
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PCL Creations, LLC, McMinnville, OR  
Phillips Law Firm, Woodinville, WA  
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Physicians Medical Center, P.C., McMinnville, OR  
Port Orchard Dental Care Center, Port Orchard, WA  
R. Stuart & Co. Winery, McMinnville, OR  
Randall | Danskin, P.S., Spokane, WA  
Ransom Spirits, LLC, Sheridan, OR  
Reliance Corporation, Spokane, WA  
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Schroeter Surveying, Inc., Seahurst, WA  
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Stirling Wine Grapes, Inc., Newberg, OR  
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Walter Scott Wines, Salem, OR  
Want & Emery CPAs, PC, Newberg, OR  
Washington Roofing Company, McMinnville, OR  
Wells Fargo Community Support Campaign, Saint Paul, MN  
Willamette Valley Medical Center, McMinnville, OR  
Yamhill County Realty Group, Inc., Newberg, OR
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The Carson Family Charitable Fund, Minneapolis, MN
Community Foundation of Snohomish County, Everett, WA
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Empire Health Foundation, Spokane, WA
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National Christian Foundation, Portland, OR
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Newberg Rotary Foundation, Newberg, OR
Northwest Children’s Fund, Seattle, WA
OneFamily Foundation, Seattle, WA
The Oregon Community Foundation, Portland, OR
Port Angeles Education Foundation, Port Angeles, WA
Ronni Lacroute Foundation Fund, McMinnville, OR
Samuel S. Johnson Foundation, Salem, OR
SBW Foundation, Middletown, CT
Seattle Foundation, Seattle, WA
Sheng-Yen Lu Foundation, Redmond, WA
Sherman Family Solidarity Fund, Hudson, OH
Spirit Mountain Community Fund, Grand Ronde, OR
The Starbucks Foundation, Seattle, WA
Stevenson Family Trust, McMinnville, OR
Stubblefield Trust, Walla Walla, WA
Wheat Ridge Ministries, Itasca, IL
Whisper Foundation, Tacoma, WA
Whitehorse Foundation, Seattle, WA
William A. Looney Family Foundation, Tacoma, WA
William O. Murphy Foundation, Spokane, WA
Windermere Foundation, Seattle, WA
Windows of Hope Foundation, Tacoma, WA
Woodrow Foundation, Spokane, WA
Woodward Family Foundation, Danville, CA
YCAR Charitable Foundation, Inc., McMinnville, OR

ORGANIZATIONS

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American National Red Cross, Washington, DC
Capital High School, Olympia, WA
Catholic Health Initiatives, Littleton, CO
Charity Gift Certificates, Lakewood, NJ
Cheremeka Community College, McMinnville, OR
Columbia Memorial Hospital, Astoria, OR
Crook County United Fund, Prineville, OR
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Fraternal Order of Eagles, Ladies’ Auxiliary, Snohomish, WA
Give With Liberty, Princeton, NJ
Goodwill Industries of the Columbia, Inc., Kennewick, WA
Intel Volunteer Grant Program, Princeton, NJ
Kiwanis Club of Prineville, Prineville, OR
Klamath County Cultural Coalition, Klamath Falls, OR
Knights of Pythias, McMinnville, OR
Lake Stevens School District No. 4, Lake Stevens, WA
McMinnville High School, McMinnville, OR
Oregon Association of Relief Nurseries, Albany, OR
Performing Company Booster Club, Newberg, OR
Providence Health & Services, Seattle, WA
Rainier Uniserv Council, Tukwila, WA
Rotary Club of Lake Stevens, Lake Stevens, WA
Sisters of Providence, Renton, WA
Soroptimist International, Port Angeles Jet Set, Port Angeles, WA
St. Charles Health System, Bend, OR
St. Paul Rodeo Association, St. Paul, OR
TRUiST, Inc., New York, NY
UnitedHealthcare, Seattle, WA
United Way of Benton & Franklin Counties, Kennewick, WA
United Way of Clallam County, Port Angeles, WA
United Way of the Columbia-Willamette, Portland, OR
United Way of Greater PA & S. New Jersey, Philadelphia, PA
United Way of Spokane County, Spokane, WA
Virginia Mason Medical Center, Seattle, WA
Washington State University Spokane, Spokane, WA
Yamhill Community Care Organization, McMinnville, OR
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The Circle of Hope recognizes friends of LCS Northwest who have chosen to make a lasting investment in our future through a planned gift. Many gifts are invested in the LCS Northwest Foundation.

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Volunteer Curtis Jacobs and Program Coordinator Susan Nocella get ready to deliver gifts to isolated seniors in our Santa for Seniors program based in the Puget Sound area. Santa for Seniors made the holidays brighter for 1,704 seniors last year. The growing program is made possible by a generous grant from the William A. Looney Family Foundation.
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Memorial Donations, July 2017 - June 2018

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A volunteer serves appetizers at Taste of the World. This annual event is a fundraiser for our Refugees Northwest program in King County (Seattle). Taste of the World features international cuisine and entertainment.
To learn how you, your congregation, business or organization can become involved in the work of LCS Northwest, please contact us.

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