

APPLICATION

Meals on Wheels – Lutheran Community Services
223 N. Yakima Ave • Tacoma, WA 98403 • 253-272-8433 • 1-800-335-8433

NAME _____ AGE _____ Please circle: M / F

ADDRESS _____ APT# _____

CITY _____ STATE _____ ZIP CODE _____

HOME PHONE _____ MESSAGE PHONE _____

Race/ Ethnicity:

Caucasian Hispanic/ Latino Asian
 Black/African American Native Hawaiian/Pacific Islander Other _____

Emergency Contact: _____
(Name, relationship, phone)

Doctor _____ Phone _____

How did you hear about Meals on Wheels _____

	YES	NO
DO YOU LIVE ALONE?		
IF NOT DOES ANYONE ELSE IN THE HOUSEHOLD REQUIRE MEALS?		
ARE YOU ABLE TO GET AROUND YOUR HOME?		
ARE YOU ABLE TO GET OUTSIDE?		
ARE YOU ABLE TO SHOP FOR GROCERIES?		
DO YOU HAVE AN OVEN (CONVENTIONAL OR MICROWAVE)?		
ARE YOU ABLE TO OPERATE YOUR OVEN INDEPENDENTLY?		
DO YOU HAVE ADEQUATE FREEZER SPACE TO STORE AT LEAST SEVEN (7) MEALS AT A TIME?		
ARE YOU ON A SPECIAL DIET? IF YES, WHAT KIND OF DIET?		

If you received help with this application, please have that person complete the following:

Name: _____ Relationship to Applicant: _____

Home Phone: _____ Message Phone: _____

APPLICANT'S SIGNATURE _____ DATE _____



Health. Justice. Hope.

South Puget Sound Office
223 N Yakima Avenue
Tacoma, WA 98403

Phone: 253/272-8433
Fax: 253/597-6456

www.lcsnw.org/tacoma

- Home Care
Meals on Wheels
Senior Companion Program
Memory Café & Zoo Walk
Support U™
Senior Friends
RSVP Pierce County
Senior Media Services
Seniorscene.org
Where to Turn Guide

AUTOMATIC PAYMENT AUTHORIZATION

PLEASE PRINT

CARDHOLDER INFORMATION:

Name as it appears on card:

Billing Address:

CITY STATE ZIP

Credit Card Type: [] VISA [] MASTERCARD [] DISCOVER

Card Number:

Expiration Date: Phone Number:

CLIENT INFORMATION:

Client Name:

Client Address: CITY STATE ZIP

I authorize Lutheran Community Services Northwest to automatically charge my credit card for services rendered. I authorize automatic payments to begin immediately if a balance is due or monthly as services are rendered for the above referenced client.

This authorization will remain in effect until I have notified Lutheran Community Services Northwest in writing canceling this agreement. I understand that I am responsible and liable for all authorized transactions made under this agreement.

CARDHOLDER SIGNATURE

CARDHOLDER PRINTED NAME

DATE



Lutheran Community Services Northwest partners with individuals, families and communities for health, justice and hope.



LUTHERAN COMMUNITY SERVICES
 *223 North Yakima Avenue * Tacoma * 98403
MEALS ON WHEELS MENU
 Direct: 253-722-5684 Fax: 253-597-6456

Name: _____ Phone: _____

Address: _____ City: _____ Zip: _____

Date Ordered: _____ Scheduled Delivery Date: _____

New Freedom Copes Private Pay Marie's Purse Other _____

Order Qty	Diet	Item #	Meal Description
	R	4	Macaroni with Cheese Sauce and Green Beans
		57	BBQ Chicken Patty with Rice and Beans
	R D	13	Braised Beef with Mashed Potatoes and Gravy, Peas and Carrots
	H D	42	White Turkey ala King, with Rice & Peas
	D	20	Meatloaf, Mashed Potatoes, Beef Gravy, Green Beans
	D	56	Meat Lasagna with Green Beans
	R	88	Bean & Cheese Burrito with Rice and Corn
		60	Spaghetti and Meatballs
		6	Creamy Chicken Alfredo with Pasta and Peas
	LS H R D	77	Breaded Fish Patty with Rice and Vegetable
	D	3	BBQ Beef Sloppy Joe with Potatoes and Vegetables
	R D	64	Chicken Patty with Ranchero Sauce, Rice and Green Beans
		26	Creamy Tuna Casserole with Pasta and Vegetables
	LS H D	53	Baked Ziti with Tomato Sauce
		19	Meat Chili with Rice and Vegetables
		1	Chicken Enchilada with a Rice Melody and Vegetables
	LS H D	660	Beef Pepper Steak with Rice
	LS H R D	62	Turkey & Mashed Potatoes
	D	72	Chicken Fried Beef Patty with Mashed Potatoes & Gravy
	H R D	12700	Turkey Chili with Rice and Vegetables
	LS H R	7	Chicken Teriyaki with Rice & Vegetables
	R D	68	Salisbury Steak with Gravy, Mashed Potatoes & Vegetables
	H D	5	Beef & Turkey Cheese Pizza Wrap with Potatoes & Carrots
	LS H R D	66	Beef Vegetable Stew with Rice & Carrots
BREAKFASTS			
	H R D	30	Cheesy Egg Omelet with Sweet Rice and O'Brien Potatoes
	LS H R D	35	Breakfast Burrito with Ranchero Sauce & Sweet Rice
	LS H R D	43	Turkey Sausage Patty, Scrambled Eggs and Potatoes
	LS H R D	37	Apple Pie Burrito, Scrambled Eggs, Potatoes O'Brien
	R D	40	Biscuits and Gravy with Ground Beef and O'Brien Potatoes
	H R D	803	Huevos Rancheros with Cheesy Grits

(All meals are made according to senior nutrition guidelines. They all come with a roll, margarine pat & nonfat dry milk packet)

0 Total Qty. **\$0.00** Total Cost Received by: _____