



PCIT

PARENT-CHILD INTERACTION THERAPY

WHAT IS PCIT?

PCIT is an evidence-based therapy designed to increase positive behaviors in young children.

FOR MORE INFORMATION, PLEASE CONTACT:

Intake Team

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[LCSNW.ORG/SPOKANE](https://www.lcsnw.org/spokane)



WHO CAN BENEFIT FROM PCIT?

PCIT is an effective intervention for families of children who are exhibiting behavior challenges that could be improved by enhancing the parent-child relationship. PCIT uses live coaching to teach parents the skills necessary to manage their child's behavior.

- Children must be ages of 2-7.
- Parents must have consistent contact with their children and be willing to participate in treatment.
- PCIT is appropriate for natural parents, foster parents, relative caregivers, single or two parent families



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